

## KCSR 24/48 HOUR PACK CHECK LISTS - Equipment in Pack or On Person

### GROUND TEAMS --- Intermediate and Backcountry

**CLOTHING:** Both inner and outer layers must be of **SYNTHETIC fabric** (polypro, nylon, Gortex, etc.) for quick drying, breathability and sweat wicking qualities. **No cotton.** Wool pants, shirts, & sweaters are OK in cooler conditions.

Be prepared for weather conditions in more than one climate zone. Weather conditions vary greatly and can change quickly within Kittitas County. It may be dry in Ellensburg, and raining in the mountains

- \_\_\_\_\_ Hiking pants - long, nylon, drip-dry
- \_\_\_\_\_ Hiking boots - lace-up, high top (at least ankle high), lugged soles & well broken in
- \_\_\_\_\_ Boot socks - extra pair in pack
- \_\_\_\_\_ Base layer/long underwear (as appropriate)
- \_\_\_\_\_ Long sleeve shirt or sweater
- \_\_\_\_\_ Warm jacket
- \_\_\_\_\_ Rain pants & jacket - windproof, waterproof or water resistant – NOT vinyl or “rubberized”
- \_\_\_\_\_ Gloves/mittens, warm cap or balaclava

### **ESSENTIAL ITEMS FOR PERSONAL SAFETY & KCSR OPERATIONS:**

- \_\_\_\_\_ Food for one full (24 hour) day - high energy
- \_\_\_\_\_ Water bottles - filled with 2 quarts minimum
- \_\_\_\_\_ Water purification - tablets or filter
- \_\_\_\_\_ Headlamp and/or flashlight - extra batteries and bulb
- \_\_\_\_\_ Leather gloves
- \_\_\_\_\_ Map of the area (Cle Elum Ranger District “fire map” suggested – buy at Forest Service )
- \_\_\_\_\_ Compass - with ability to set declination (Silva, Ranger 15 recommended)
- \_\_\_\_\_ Notepad and pencils
- \_\_\_\_\_ Waterproof matches, or matches in a waterproof container, and fire starting material (tinder)
- \_\_\_\_\_ Pocket knife or Leatherman
- \_\_\_\_\_ Plastic signaling whistle
- \_\_\_\_\_ Field First Aid Kit
- \_\_\_\_\_ Latex or Nitril gloves - use when administering First Aid
- \_\_\_\_\_ Emergency shelter – 8’ x 10’ tarp (minimum size)
- \_\_\_\_\_ Space Blanket - heavy duty type, not “tin foil” version
- \_\_\_\_\_ 50’ nylon cord (minimum)
- \_\_\_\_\_ Toilet paper & personal items
- \_\_\_\_\_ Sunglasses and sunscreen
- \_\_\_\_\_ Safety glasses

### **KCSR 48 HOUR PACK CHECK LIST** - All of the above clothing and Items plus:

- \_\_\_\_\_ Food for 2 full days
- \_\_\_\_\_ Insulated sleeping pad
- \_\_\_\_\_ Sleeping bag
- \_\_\_\_\_ Bivy bag (optional)